

IN the Name of God
will lay me down to
sleep, whom I beseech
bless and preserve
now and for ever. *Amen.*

*Being laid down to sleep,
lift up your Heart
and say,*

Lighten mine Eyes,
Thou who dwellest
in Eternal Light,
have Mercy upon me
that I sleep not in Danger.

The Almighty Lord
now and evermore
Defence against all Perils
and Dangers of this
Night. *Amen.*

FOR

FORMS

OF

Confessions

AND

PRAYERS

TO

Almighty God

FOR THE

Forgiveness of SIN.